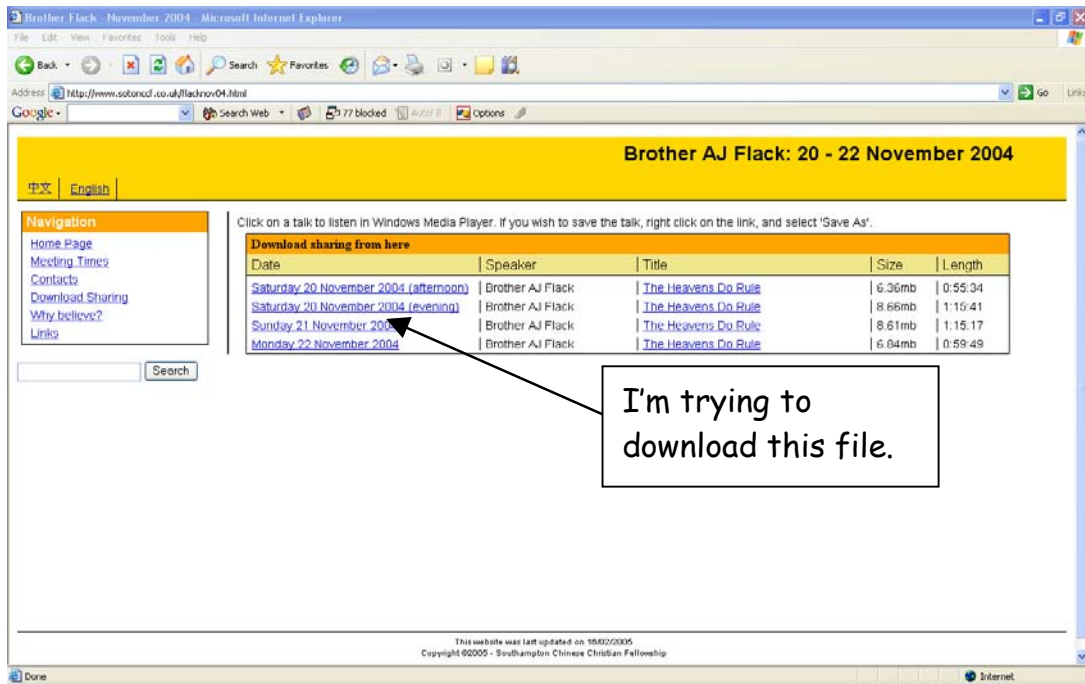


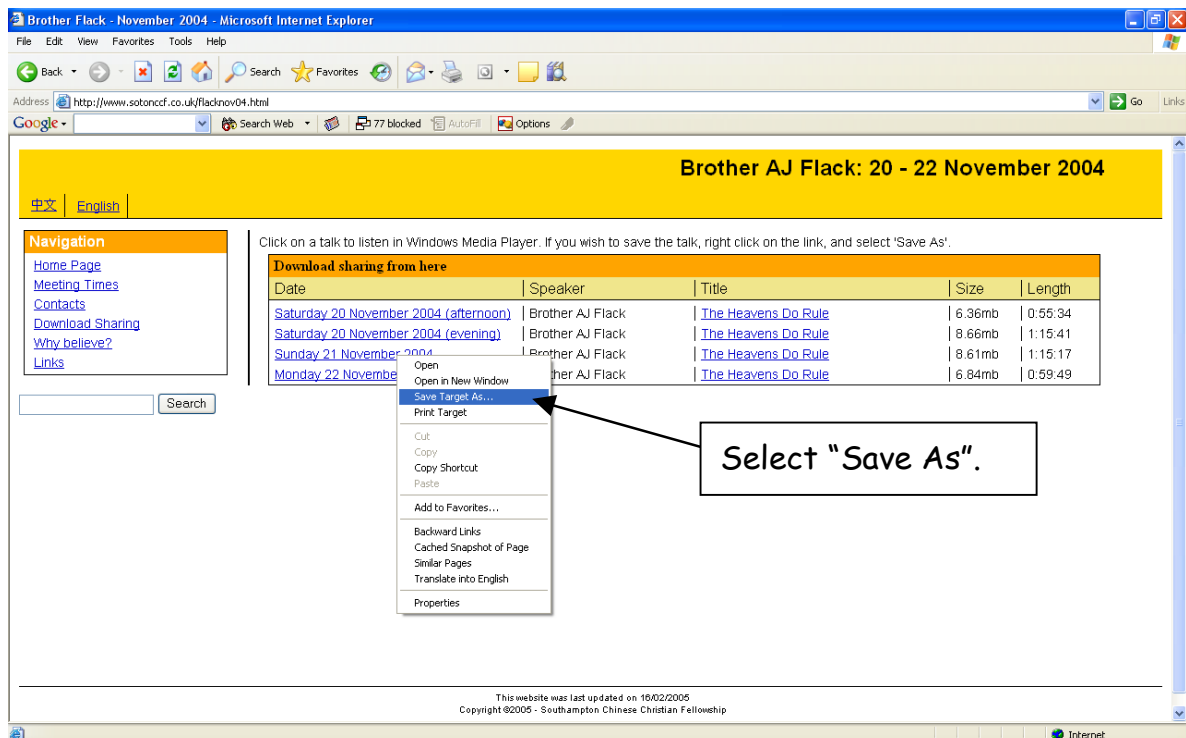
HOW TO DOWNLOAD MP3 FILES

For this example I shall download Brother Flack's talk on Sunday 21st November 2004 - "The Heavens Do Rule".

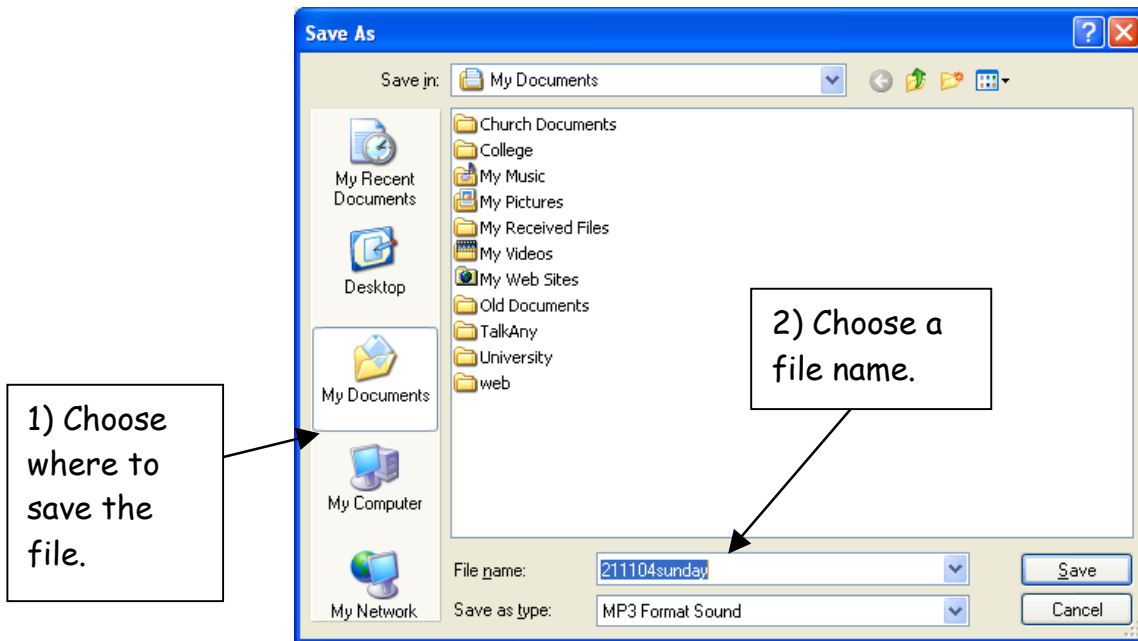
1. Find the page where the file you wish to download is located.



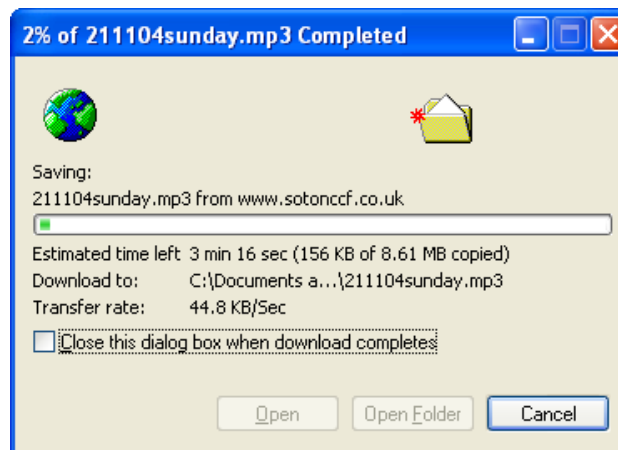
2. Click on the talk you wish to download with your right mouse button. A menu will appear as in the picture below. Click on "Save Target As...".



3. A box will appear, similar to the one seen below. Choose where to save the file (for example in "My Documents"), and choose a file name (for example "211104sunday"). Once this is done, click the "Save" button.



4. Once you have clicked the save button, the file will start downloading. A screen will pop up telling you how much longer you have to wait for the download to complete.



5. Once the file has completely downloaded, close the download box, find the file, and double click on it to play. Alternatively, you could burn the file onto a CD, or transfer it to an MP3 player.
6. If you have any problems, feel free to contact me by email: jason@sotonccf.co.uk